



THE TAO OF CONFIDENCE

By AERY PRABHAKAR

Unicorn Books, 2010. Paperback. Book Condition: New. The most comprehensive and powerful manual ever written on the subject of self-confidence. Self-confidence is not an inborn trait or a quality but a practical set of thoughts, beliefs, habits and behaviours which can be learned, in an organised step-by-step format by anyone desiring to create the life of one's deepest dreams.



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